Multi-stakeholder Forum

Investing on Healthy and Active Ageing for Sustainable Growth

A Regional Approach to Promoting Innovative Long Term Care

Peh Kim Choo
Ho Chih Minh City, Vietnam
18 August 2017
THE COMMUNITY FOR SUCCESSFUL AGEING

An experiment in a ground up, community wide, multi-components, multi-systems approach to optimize on the longevity dividend of added years where older people can thrive.
The ComSA Component
Programmes

- Community Development through Self Care
  - Community Assessment
  - Self-care groups
  - Mindset and cultural shift
  - Capacity Building
  - Outreach and engagement
  - ‘Community Family’

- Housing and Transport
  - Long-term care facilities in ‘stealth’
  - Person-centred universal design
  - Food, shopping and recreation
  - Enabling technology

- Infrastructure and neighbourhood

- Care System
  - Risk Screener/Risk Stratification
  - ‘PCMH’
  - Service network
  - Network of volunteers

- Evaluation
THE BIOPSYCHOSOCIAL CARE-RESOURCE ALLOCATION

From ‘Community Self-help Groups’

ComSA BPS Risk Screener

From service partners

‘0’

3 or higher

Comprehensive Needs Assessment, Care Planning and Care Coordination

‘1 or 2’

Team-managed Home-based primary care (Visiting ‘PCMH’)

Volunteer ‘para’-care managers

Single-domain services

Care Management + Age-friendly Primary Care (‘PCMH’)

© 2016. Tsao Foundation. Not to be reproduced or disseminated without permission.
The Ecosystem and its Interface With ComSA

System Integration

The Network

The Virtual Team

The Care Team

Self/
Famili

Self-care Groups

Self-organized Groups

© 2016. Tsao Foundation. Not to be reproduced or disseminated without permission.
THANK YOU